

Think pharmacy first

If you have an earache, sinusitis, shingles, sore throat, impetigo, a UTI or an infected insect bite, your pharmacist can help.

Your pharmacist can now provide treatment or some prescription medicine, if needed, for seven common conditions, without you seeing a GP.

They can also help if you require oral contraception.

Don't wait for minor health concerns to get worse – think pharmacy first and get seen by your local pharmacy team.

Each condition is subject to the following age eligibility when providing prescription medicine:

- urinary tract infections (UTIs) (for women aged 16–64 years)**
- sinusitis (for those aged 12 years and over)**

- earache (for those aged between 1 and 17)
- sore throat (for those aged 5 years and over)
- shingles (for those aged over 18 years old)
- impetigo (for those aged 1 year and over)
- infected insect bites (for those aged 1 year and over)

Service available at majority of pharmacies.

Find out more at

[nhs.uk/thinkpharmacyfirst](https://www.nhs.uk/thinkpharmacyfirst)

Information from the NHS.