

Think pharmacy first

If you have sinusitis, shingles, sore throat, earache, impetigo, infected insect bites or a UTI, your pharmacist can help.

Pharmacists can now provide treatment or some prescription medicine, if needed, for seven common conditions, without you seeing a GP.

Don't wait for minor health concerns to get worse – think pharmacy first and get seen by your local pharmacy team.

Each condition is subject to the following age eligibility when providing prescription medicine:

- urinary tract infections (UTIs) (for women aged 16–64 years)
- sinusitis (for those aged 12 years and over)

See your
pharmacist

Help us
help you

- earache (for those aged between 1 and 17)
- sore throat (for those aged 5 years and over)
- shingles (for those aged over 18 years old)
- impetigo (for those aged 1 year and over)
- infected insect bites (for those aged 1 year and over)

Service available at majority of pharmacies.

Find out more at

[nhs.uk/thinkpharmacyfirst](https://www.nhs.uk/thinkpharmacyfirst)

**Help Us Help You –
See your pharmacist**