

Don't dismiss the early signs of a heart attack

A squeezing across the chest.

A feeling of unease.

The early symptoms of a heart attack don't always feel severe.

But it's never too early to **call 999** and describe your symptoms.

BSL users can make a BSL video relay call to **999** using the **999 BSL** website or app.

Visit **999BSL.co.uk**

Text relay users can call **18000** to contact **999**

If you are a BSL user, deaf, have hearing loss or a speech impairment you can text **999** by registering your phone in advance.

Visit **www.emergencysms.co.uk**

Help Us Help You – Call 999



Help us
help you