

Tummy trouble or blood in your pee?

Contact your GP practice

If you've had tummy trouble such as discomfort or diarrhoea for three weeks or more, or seen blood in your pee – even just once, it could be a sign of cancer. It's probably nothing serious, but finding cancer early makes it more treatable.

Your NHS wants to see you.

Contact your GP practice.

**For more information visit
[nhs.uk/cancersymptoms](https://www.nhs.uk/cancersymptoms)**

**Help Us Help You –
Clear on Cancer**

The 'Clear on cancer' logo, featuring the text 'Clear on cancer' in white on a purple square background.

**Help us
help you**